## Resident Assessment Instrument/Minimum Data Set

Centers for Medicare/Medicaid Services (CMS) efforts in developing the Resident Assessment Instrument (RAI) was centered on the premise "What is the right thing to do in terms of good clinical practice and for all nursing home residents?" The regulatory framework for the comprehensive assessment was the result of the nursing home reform law known as OBRA '87. For current and updated information, refer to

http://www.cms.hhs.gov/MinimumDataSets20/025\_ManualsAndForms.asp#TopOfPage

The RAI process helps facilities and caregivers to look at residents holistically – as individuals for whom quality of care and life are significant and essential.

A series of steps are incorporated into the process. They are:

- Assessment Utilization of the Minimum Data Set (MDS)
- Decision Making Utilization of the Resident Assessment Protocols (RAPs) to assist with deciding the individual's strengths and needs. The RAPs were developed to provide structure and to provide clinical guidelines to ensure relevant clinical information is obtained.
- Care Planning Using an interdisciplinary team approach
- Goal Establishment Based on the resident's specific strengths and needs
- Implementation Putting into action the indicated interventions of the care plan, thus making caregivers knowledgeable of resident goals and approaches to provide resident care and services
- Evaluation Critical review of the care plan goals for achieving a resident's highest practical level of functioning, to recognize changes in resident's physical or mental condition, and make changes to interventions as indicated.

State Approved Instrument: Idaho's approved assessment is MDS 2.0 without Section U. See Informational Letter 2000-12

MDS Transmission Federal regulation 42 CFR 483.20(f)(1-4), Tag F-287, addresses automated data processing, transmission of data to state repository, and timelines. For complete nursing facilities federal regulatory requirements go to:

 $\frac{http://www.cms.hhs.gov/manuals/downloads/som 107\_Appendicestoc.pdf}{Tag\ F-287}.$ 

Help Desk – to address questions concerning transmission from nursing facilities to the state CMS repository contact the Idaho MDS Help Desk at 1-800-263-5339.

<u>What's New?</u> – Providers will be able to access updates and current information on the MDS Welcome Page.

<u>Manuals</u> – Long Term Care Facility User's Manual, dated April 30, 1999, is available for download at <a href="http://www.cms.hhs.gov/NursingHomeQualityInits/20">http://www.cms.hhs.gov/NursingHomeQualityInits/20</a> NHQIMDS20.asp#TopOfPage or <a href="http://www.qtso.com">http://www.qtso.com</a>

## **Raven Software Information**

 $\underline{http://www.cms.hhs.gov/MinimumDataSets20/07\_RAVENSoftware.asp\#TopOfPage} \ or \ \underline{http://www.qtso.com}$ 

 $O ther \ information - \underline{http://www.cms.hhs.gov/MinimumDataSets20/01\_Overview.asp\#TopOfPage} \ or \ http://www.qtso.com$ 

PPS Questions – Only the facility's Fiscal Intermediary (FI) answers questions concerning the perspective payment system (PPS).

RAI Training Manual – <a href="http://www.qtso.com">http://www.qtso.com</a>